



	<p>Start Running! Couch to 5K Running Group 10 a.m.</p> <p>Essentrics</p> <p>Prenatal Yoga</p> <p>Evening Kripalu-Inspired Hatha Yoga</p>	Yogalates		
<b>June 19 - Makeup</b>	<b>June 20 - Makeup</b>	<b>June 21 - Makeup</b>	<b>June 22 - Makeup</b>	<b>June 23 - Makeup</b>
<p>Classical Pilates</p> <p>My First Music Class (Babies up to 12 mos. with Mom)</p> <p>Mom and Baby Yoga (3 mos. To Crawlers) 10 a.m.</p> <p>Toddler Tunes (12-24 mos. with Mom)</p> <p>Converse in French - Beginners and Intermediates</p> <p>Silly Song Sing Along (2-5 yrs with Mom)</p> <p>Mom and Baby Yoga (3 mos. To Crawlers) 11 a.m.</p> <p>Monday Sweat and Tone</p> <p>Singing Group</p> <p>How to Talk so Kids Will Listen &amp; Listen so Kids Will Talk</p> <p>Zumba Nite</p>	<p>Tuesday Sweat and Tone</p>	<p>Busy Bees (5-12 mos. With Mom)</p> <p>Handy Woman Jane</p> <p>Mama's Movers (12-24 mos. With Mom)</p> <p>Little Learners (2-4 yrs with Mom)</p> <p>Cooking: International Vegetarian</p>	<p>Mom &amp; Tots Zumba (4-5 yrs with Mom)</p>	<p>Healing Meditations</p> <p>Outdoor Stroller Fit (6 wks-18 mos.)</p> <p>Watermedia</p> <p style="text-align: center;"><b>Centre closes for the summer at 3 p.m.</b></p>