

LAST CLASS CALENDAR FOR THE SPRING 2018 SESSION (as of June 1, 2018)

The dates below represent the last class for every course for this session.

Unless otherwise noted, all classes continue up to and including the indicated dates. V0915

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<i>28-May</i>	<i>29-May</i>	<i>30-May</i>	<i>31-May</i>	<i>01-Jun</i> Beginner's French - Make-up 1 of 1
<i>04-Jun</i>	<i>05-Jun</i>	<i>06-Jun</i> Natural Alternatives for Daily Life	<i>07-Jun</i> Thursday Essentrics  The Art of Communication  Converse in French - Beginners and Intermediates  Bootcamp Fitness  Body Factory  Kodomo (Kids') Karate  My First Music Class Thursday	<i>08-Jun</i>

11-Jun	12-Jun	13-Jun	14-Jun	15-Jun
Baby Massage - Make-up 1 of 2	Mom & Tots Gym  Knitting for All - And Some Crochet Too  Break a Sweat with Baby  Tuesday Sweat and Tone  Children's Creative Movement  Essentrics  Start Running! Couch to 5K  Growing Eco-Friendly Gardeners  Evening Kripalu-Inspired Hatha Yoga	Core Pilates  Total Body Fitness  Wednesday Zumba  Adult Ballet  Interval Training  Belly Dancing	<b>***AGM - 12:00-2:00 p.m. All daytime classes cancelled***</b>  Hatha Yoga and Meditation	Fitness - Take it Outside  Kripalu-Inspired Hatha Yoga  What Hidden Motives Determine Our Behaviour  Outdoor Stroller Fit  Friday Mom and Baby Yoga  Watermedia
18-Jun	19-Jun	20-Jun	21-Jun	22-Jun
Classical Pilates  Self-Defence  Mom & Tots Yoga (2-3 yrs)  My First Music Class  Running Group  Mom and Baby Yoga  Toddler Tunes  Baby Massage - Make-up 2 of 2  Monday Sweat and Tone  Singing Group  Zumba Nite	Self-Care Through Creative Journaling - Make-up 1 of 1	Busy Bees - Make-up 1 of 1  Mama's Movers - Make-up 1 of 1  Little Learners - Make-up 1 of 1	Thursday Outdoor Stroller Fit - Make-up 1 of 1  Introduction to Coding: HTML and CSS - Make-up 1 of 1	Gentle Toning - Make-up 1 of 1