

LAST CLASS CALENDAR FOR THE FALL 2018 SESSION (as of Nov 12, 2018)

The dates below show the last class for every course for this session.

Unless otherwise noted, all classes continue up to and including the indicated dates. V0915

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Nov. 19</i> Guided Meditation Based on Somatic Awareness	<i>Nov. 20</i> Craft and Chat Evening Running Group	<i>Nov. 21</i> Nutrition After 40 Belly Dancing	<i>Nov. 22</i> The Art of Letting Go Converse in French (Beginners and Intermediates)	<i>Nov. 23</i> Watermedia
<i>Nov. 26</i> Morning Running Group Baby Massage (Make-up 1 of 2) Singing Group (Make-up 1 of 1)	<i>Nov. 27</i>	<i>Nov. 28</i>	<i>Nov. 29</i> Learning to Live More Mindfully and with Self-Compassion (Make-up 1 of 1) The Long and Short of It: The Art of Crafting Short Stories (Make-up 1 of 2)	<i>Nov. 30</i> Start Running! Couch to 5K Beginner's French (Make-up 1 of 1)

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Dec. 3</i>	<i>Dec. 4</i>	<i>Dec. 5</i>	<i>Dec. 6</i>	<i>Dec. 7</i>
Classical Pilates Mom & Tots Yoga My First Music Class Toddler Tunes Mom and Baby Yoga (3 to 7 mos.) Baby Massage (Make-up 2 of 2) Monday Sweat and Tone Evening Adult Ballet	Break a Sweat with Baby Essentrics Zumba Nite Evening Kripalu-Inspired Hatha Yoga	Core Pilates Total Body Fitness Wednesday Zumba Adult Ballet Interval Training	Thursday Essentrics Bootcamp Fitness Body Factory Drawing (Make-up 2 of 2) Hatha Yoga and Meditation The Long and Short of It: The Art of Crafting Short Stories (Make-up 2 of 2)	Kripalu-Inspired Hatha Yoga Mom and baby Yoga (6 to 12 mos.) Outdoor Stroller Fit
<i>Dec. 10 - Makeup #1</i>	<i>Dec. 11 - Makeup #1</i>	<i>Dec. 12 - Makeup #1</i>	<i>Dec. 13 - Makeup #1</i>	<i>Dec. 14 - Makeup #1</i>
	Mom & Tots Gym (Make-up 1 of 1) Children's Creative Movement (Make-up 1 of 1)		Kodomo Karate (Make-up 1 of 2)	Busy Bees (Make-up 1 of 1) Mama's Movers (Make-up 1 of 1) Little Learners (Make-up 1 of 1) Gentle Toning (Make-up 1 of 2)
<i>Dec. 17 - Makeup #2</i>	<i>Dec. 18 - Makeup #2</i>	<i>Dec. 19 - Makeup #2</i>	<i>Dec. 20 - Makeup #2</i>	<i>Dec. 21 - Makeup #2</i>
	Tuesday Sweat and Tone (Make-up 1 of 1)		Kodomo Karate (Make-up 2 of 2)	Gentle Toning (Make-up 2 of 2)