## LAST CLASS CALENDAR FOR THE FALL 2018 SESSION (as of Nov 12, 2018)

The dates below show the last class for every course for this session.

Unless otherwise noted, all classes continue up to and including the indicated dates. vo915

Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 19	Nov. 20	Nov. 21	Nov. 22	Nov. 23
Guided Meditation Based on Somatic Awareness	Craft and Chat	Nutrition After 40	The Art of Letting Go	Watermedia
	Evening Running Group	Belly Dancing	Converse in French (Beginners and Intermediates)	
Nov. 26	Nov. 27	Nov. 28	Nov. 29	Nov. 30
Morning Running Group			Learning to Live More Mindfully and with Self- Compassion (Make-up 1 of 1)	Start Running! Couch to 5K
Baby Massage (Make-up 1 of 2)			The Long and Short of It: The Art of Crafting Short Stories (Make-up 1 of 2)	Beginner's French (Make- up 1 of 1)
Singing Group (Make-up 1 of 1)				

Monday	Tuesday	Wednesday	Thursday	Friday
Dec. 3	Dec. 4	Dec. 5	Dec. 6	Dec. 7
Classical Pilates	Break a Sweat with Baby	Core Pilates	Thursday Essentrics	Busy Bees
Mom & Tots Yoga	Essentrics	Total Body Fitness	Bootcamp Fitness	Mama's Movers
My First Music Class	Zumba Nite	Wednesday Zumba	Body Factory	Little Learners
Toddler Tunes	Evening Kripalu-Inspired Hatha Yoga	Adult Ballet	Drawing (Make-up 2 of 2)	Kripalu-Inspired Hatha Yoga
Mom and Baby Yoga (3 to 7 mos.)		Interval Training	Hatha Yoga and Meditation	Mom and baby Yoga (6 to 12 mos.)
Baby Massage (Make-up 2 of 2)			The Long and Short of It: The Art of Crafting Short Stories (Make-up 2 of 2)	Outdoor Stroller Fit
Monday Sweat and Tone				
Evening Adult Ballet				
Dec. 10 - Makeup #1	Dec. 11 - Makeup #1	Dec. 12 - Makeup #1	Dec. 13 - Makeup #1	Dec. 14 - Makeup #1
	Mom & Tots Gym (Make-up 1 of 1)		Kodomo Karate (Make-up 1 of 2)	Gentle Toning (Make-up 1 of 2)
	Children's Creative Movement (Make-up 1 of 1)			
Dec. 17 - Makeup #2	Dec. 18 - Makeup #2	Dec. 19 - Makeup #2	Dec. 20 - Makeup #2	Dec. 21 - Makeup #2
	Tuesday Sweat and Tone (Make-up 1 of 1)		Kodomo Karate (Make-up 2 of 2)	Gentle Toning (Make-up 2 of 2)