

LAST CLASS CALENDAR FOR THE SPRING 2019 SESSION (as of June 3, 2019)

The dates below represent the last class for every course for this session.

Unless otherwise noted, all classes continue up to and including the indicated dates. V0603

Monday	Tuesday	Wednesday	Thursday	Friday
03-Jun	04-Jun	05-Jun	06-Jun	07-Jun
			Thursday Essentrics Converse in French Bootcamp Fitness Body Factory Outdoor Stroller Fit Kodomo (Kids!) Karate Add Colour to Your Journaling Mixed Media Collage	
10-Jun	11-Jun	12-Jun	13-Jun	14-Jun
Classical Pilates Mom & Tots Yoga Preventing & Managing Diabetes Mom and Baby Yoga (3 to 7 mos) Self-Defence Monday Sweat and Tone Singing Group Evening Adult Ballet	Mom & Tots Gym Knitting for All Break a Sweat With Baby Tuesday Sweat and Tone Tuesday Outdoor Stroller Fit Children's Creative Movement Essentrics Evening Fresh Air Fitness Zumba Nite Start Running! Couch to 5K Evening Kripalu-Inspired Hatha Yoga	Core Pilates Singing With Mom Total Body Fitness Wednesday Zumba Adult Ballet Interval Training	AGM - No Daytime Classes - Daytime make-up classes will take place June 20 Digital Photography	Busy Bees Kripalu-Inspired Hatha Yoga Fresh Air Fitness Fridays Beginner's French Mama's Movers Mom and Baby Yoga (6 to 12 mos) Little Learners Gentle Toning
17-Jun	18-Jun	19-Jun	20-Jun	21-Jun
Mindful Mondays - Make-up 1 of 1 Paper Crafting 101 - Make-up 1 of 1		Creating Digital Photo Albums and Movies - Make-up 1 of 1	Awakening to Your Life Purpose - Make-up 1 of 1 Tai Chi - Make-up 1 of 1 Therapeutic Gentle Hatha Yoga and Meditation - Make-up 1 of 1 Conversation en français - Make-up 1 of 1	Watermedia - Make-up 1 of 1