

LAST CLASS CALENDAR FOR THE FALL 2019 SESSION (as of December 4, 2019)

The dates below represent the last class for every course for this session.

Unless otherwise noted, all classes continue up to and including the indicated dates. v2310

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
04-Nov	05-Nov	06-Nov	07-Nov	08-Nov	08-Nov
				No indoor classes today	Reiki, Meditation, and Mindfulness
11-Nov	12-Nov	13-Nov	14-Nov	15-Nov	16-Nov
					Strong by Zumba
18-Nov	19-Nov	20-Nov	21-Nov	22-Nov	23-Nov
	Knitting for All Stressed Out? Finding Balance in Your Life Conversation en français pour intermédiaires	Organizing: Less is More	Converse in French: Beginners and Intermediates Creative Art Journaling for Personal Expression		No classes today
25-Nov	26-Nov	27-Nov	28-Nov	29-Nov	30-Nov
Monday French: Beginners and Intermediates Singing Group			Outdoor Stroller Fit - Make-up 1 of 1	Start Running - Couch to 5K Beginner's French Fresh Air Fitness Friday	Hatha Yoga and Meditation Career Coaching Basics - Make-up 1 of 1 Saturday Singing Group Prenatal Fitness
02-Dec	03-Dec	04-Dec	05-Dec	06-Dec	07-Dec
Classical Pilates Toddler Tunes 10 a.m. and 11 a.m. My First Music Class Mom & Tots Yoga Mom and Baby Yoga (3-7 mos.) Monday Sweat and Tone Yin Yoga and Meditation Evening Adult Ballet	Mom & Tots Gym Break a Sweat with Baby Tuesday Sweat and Tone Evening Kripalu-Inspired Hatha Yoga	Core Pilates Total Body Fitness Wednesday Zumba Adult Ballet Interval Training	Thursday Essentrics Bootcamp Fitness Body Factory Kodomo Karate Therapeutic Gentle Hatha Yoga and Meditation	Kripalu-Inspired Hatha Yoga Building Self-Trust (Make-up 1 of 1) Mom and Baby Yoga (6-12 mos.) Watermedia (Make-up 1 of 1) Gentle Toning Jhoomlay Bollywood Dance Fitness (Make-up 1 of 1)	Jhoomlay Junior (Make-up 1 of 2) Zumbini (Make-up 1 of 1)
09-Dec	10-Dec	11-Dec	12-Dec	13-Dec	14-Dec
	Essentrics (Make-up 1 of 1) Zumba Nite (Make-up 1 of 1)				Jhoomlay Junior (Make-up 2 of 2)
16-Dec	17-Dec	18-Dec	19-Dec	20-Dec	