

LAST CLASS CALENDAR FOR THE WINTER 2020 SESSION (as of February 19, 2020)

The dates below represent the last class for every course for this session.

Unless otherwise noted, all classes continue up to and including the indicated dates.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16-Mar	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
				Make-up 1 of 1 - Winter Work OUT!	Saturday Singing Group Pre- and Postnatal Fitness Strong by Zumba
23-Mar	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
Classical Pilates Toddler Tunes Work Café 10 a.m. Music Medley for Baby Mom & Tots Yoga 11 a.m. Music Medley for Baby Mom and Baby Yoga (3 to 7 mos.)	Knitting for All Break a Sweat With Baby Tuesday Sweat and Tone Essentrics After School Karate Zumba Nite	Core Pilates Total Body Fitness Wednesday Zumba Adult Ballet	Thursday Essentrics Body Factory Bootcamp Fitness Improving Your Self-Esteem: You Are Worth It!	Make-up 1 of 2 - Kripalu-Inspired Hatha Yoga Make-up 1 of 2 - Beginner's French Make-up 1 of 1 - Mom and Baby Yoga (6-12 mos.) Make-up 1 of 2 - Watermedia Make-up 1 of 1 - Gentle Toning Make-up 1 of 1 - Jhoomlay Bollywood Dance Fitness	
30-Mar	31-Mar	01-Apr	02-Apr	03-Apr	04-Apr
Make-up 1 of 1 - Monday Sweat and Tone Make-up 1 of 1 - Singing Group Make-up 1 of 1 - Yin Yoga and Meditation	Make-up 1 of 1 - Mom & Tots Gym Make-up 1 of 1 - Evening Kripalu-Inspired Hatha Yoga	Make-up 1 of 1 - Interval Training Make-up 1 of 1 - ELDOA Flow Stretching	Make-up 1 of 1 - Converse in French: Beginners and Intermediates Make-up 1 of 1 - Kodomo Karate Make-up 1 of 1 - Therapeutic Gentle Hatha Yoga and Meditation	Make-up 2 of 2 - Kripalu-Inspired Hatha Yoga Make-up 2 of 2 - Beginner's French Make-up 2 of 2 - Watermedia	
06-Apr	07-Apr	08-Apr	09-Apr	10-Apr	11-Apr
				WIWC Closed for Holiday Weekend	