

LAST CLASS CALENDAR FOR THE WINTER 2020 SESSION (as of March 11, 2020)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16-Mar	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar
				Make-up 1 of 1 - Winter Work OUT!	Saturday Singing Group Pre- and Postnatal Fitness Strong by Zumba
23-Mar	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
Classical Pilates Toddler Tunes Work Café 10 a.m. Music Medley for Baby 11 a.m. Music Medley for Baby		Core Pilates Total Body Fitness Wednesday Zumba Adult Ballet		Make-up 1 of 2 - Kripalu-Inspired Hatha Yoga Make-up 1 of 2 - Beginner's French Make-up 1 of 1 - Mom and Baby Yoga (6-12 mos.) Make-up 1 of 2 - Watermedia Make-up 1 of 1 - Gentle Toning Make-up 1 of 1 - Jhoomlay Bollywood Dance Fitness	
30-Mar	31-Mar	01-Apr	02-Apr	03-Apr	04-Apr
Make-up 1 of 1 - Mom & Tots Yoga Make-up 1 of 1 - Mom and Baby Yoga (3-7 mos.) Make-up 1 of 1 - Monday Sweat and Tone Make-up 1 of 1 - Singing Group Make-up 1 of 2 - Yin Yoga and Meditation	Make-up 1 of 1 - Mom & Tots Gym Make-up 1 of 1 - Knitting for All Make-up 1 of 1 - Break a Sweat With Baby Make-up 1 of 1 - Tuesday Sweat and Tone Make-up 1 of 1 - Essentrics Make-up 1 of 1 - After School Karate Make-up 1 of 1 - Evening Kripalu-Inspired Hatha Yoga	Make-up 1 of 1 - Interval Training Make-up 1 of 1 - ELDOA Flow Stretching	Make-up 1 of 1 - Thursday Essentrics Make-up 1 of 1 - Converse in French: Beginners and Intermediates Make-up 1 of 1 - Body Factory Make-up 1 of 1 - Bootcamp Fitness Make-up 1 of 1 - Kodomo Karate Make-up 1 of 1 - Therapeutic Gentle Hatha Yoga and Meditation Make-up 1 of 1 - Improving Your Self-Esteem: You Are Worth It!	Make-up 2 of 2 - Kripalu-Inspired Hatha Yoga Make-up 2 of 2 - Beginner's French Make-up 2 of 2 - Watermedia	
06-Apr	07-Apr	08-Apr	09-Apr	10-Apr	11-Apr
Make-up 2 of 2 - Yin Yoga	Make-up 1 of 1 - Zumba			WIWC Closed for Holiday Weekend	