

LAST CLASS CALENDAR FOR SPRING 2023 (as of May 19, 2023)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 15, 2023	May 16, 2023	May 17, 2023	May 18, 2023	May 19, 2023	May 20, 2023
Fit Mix		Create Your Own Marketing Designs		Fresh Air Fitness Continue Learning to Run	No classes Centre Closed
May 22, 2023	May 23, 2023	May 24, 2023	May 25, 2023	May 26, 2023	May 27, 2023
Victoria Day Centre Closed	Baby Massage Evening Running Group	Wednesday Busy Bees			
May 29, 2023	May 30, 2023	May 31, 2023	June 1, 2023	June 2, 2023	June 3, 2023
Read & Create with Denise Busy Bees Body on Fire with Lindsay Online Anti-Aging & Nutrition Discover Your Passion for Work HIIT with Lindsay	Body Factory Bootcamp Unwind Your Body & Meditate Essentrics Zumba Online Ballet Class Balletvolution	9:15 am Sing Along with Shannon 10:15 am Sing Along with Shannon One HIIT Wonder with Jason-CANCELLED Watercolour Club 11:15 am Sing Along with Shannon Adult Ballet Keep Playing Ukulele	Online Thursday Essentrics Learn Watercolours Belly Dancing Digital Photography: Lighting and Exterior Photography		Online Essentrics Dance Fusion Mini Gym with Parent (3-4 yrs) Hatha Yoga & Meditation Mini Gym with Parent (2-3 yrs) Prenatal Yoga
June 5, 2023 Makeup Week #1	June 6, 2023	June 7, 2023	June 8, 2023	June 9, 2023	June 10, 2023
Online Pilates Monday Sweat & Tone Pilates	Knitting Club (Makeup #1 of 1) Online Evening Kripalu-Inspired Hatha Yoga (Makeup #1 of 1)	One HIIT Wonder with Jason (Makeup #1 of 1)	Toning & Custom Fit for All (Makeup #1 of 1) 3PEAT Fitness (Makeup #1 of 1) Zumba (Makeup #1 of 2)	Physio Yoga (Makeup #1 of 1)	
June 12, 2023 Makeup Week #2	June 13, 2023	June 14, 2023	June 15, 2023	June 16, 2023	June 17, 2023
	10 am Outdoor Stroller Fit (Makeup #1 of 1) 11 am Outdoor Stroller Fit (Makeup #1 of 1)	Learn to Bike (Makeup #1 of 1)	AGM (12:00-1:30 pm) Zumba - Outside (Makeup #2 of 2)		