

LAST CLASS CALENDAR FOR SPRING 2023 (as of May 26, 2023)					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 15, 2023	May 16, 2023	May 17, 2023	May 18, 2023	May 19, 2023	May 20, 2023
Fit Mix		Create Your Own Marketing Designs		Fresh Air Fitness  Continue Learning to Run	<b>No classes Centre Closed</b>
May 22, 2023	May 23, 2023	May 24, 2023	May 25, 2023	May 26, 2023	May 27, 2023
<b>Victoria Day Centre Closed</b>	Baby Massage  Evening Running Group	Wednesday Busy Bees			
May 29, 2023	May 30, 2023	May 31, 2023	June 1, 2023	June 2,2023	June 3, 2023
Read & Create with Denise  Busy Bees  Body on Fire with Lindsay  Online Anti-Aging & Nutrition  Discover Your Passion for Work  HIIT with Lindsay	Body Factory Bootcamp  Unwind Your Body & Meditate  Essentrics  Zumba  Online Ballet Class Balletvolution	9:15 am Sing Along with Shannon  10:15 am Sing Along with Shannon  One HIIT Wonder with Jason- CANCELLED  Watercolour Club  11:15 am Sing Along with Shannon  Adult Ballet  Keep Playing Ukulele	Online Thursday Essentrics  Learn Watercolours  Digital Photography: Lighting and Exterior Photography		Online Essentrics  Dance Fusion  Mini Gym with Parent (3-4 yrs)  Hatha Yoga & Meditation  Mini Gym with Parent (2-3 yrs)  Prenatal Yoga
June 5, 2023 Makeup Week #1	June 6, 2023	June 7, 2023	June 8, 2023	June 9, 2023	June 10, 2023
Online Pilates  Monday Sweat & Tone  Pilates	Knitting Club (Makeup #1 of 1)  Online Evening Kripalu-Inspired Hatha Yoga (Makeup #1 of 1)	One HIIT Wonder with Jason (Makeup #1 of 1)	Toning & Custom Fit for All (Makeup #1 of 1)  3PEAT Fitness (Makeup #1 of 1)  Zumba (Makeup #1 of 2)  Belly Dancing (Makeup #1 of 1)	Physio Yoga (Makeup #1 of 1)	
June 12, 2023 Makeup Week #2	June 13, 2023	June 14, 2023	June 15, 2023	June 16, 2023	June 17, 2023
	10 am Outdoor Stroller Fit (Makeup #1 of 1)  11 am Outdoor Stroller Fit (Makeup #1 of 1)	Learn to Bike (Makeup #1 of 1)	<b>AGM (12:00-1:30 pm)</b>  Zumba - Outside (Makeup #2 of 2)		