



Centre des Femmes West Island
West Island Women's Centre

PARTICIPANT HANDBOOK
12TH EDITION

Updated August 2026

**Serving the West Island and
surrounding areas since 1975**

LOCATIONS:

Pointe-Claire: 11 Rodney Avenue Pointe-Claire, QC H9R 4L8

(Entrance via the parking lot on Vincennes Avenue on the other side of the building)

CCGR: Gerry Robertson Community Centre - 9665 Boul Gouin O, Pierrefonds, QC H8Y 1R4

EBEE: Emmanuel Evangelical Baptist Church - 4902 Saint-Charles Blvd, Pierrefonds, QC H9H 3E3

Contact:

Phone: 514-695-8529

E-mail: womenscentre@wiwc.ca

Website: www.wiwc.ca

Facebook: facebook.com/westislandwomenscentre

MEMBERSHIP

All women interested in registering for paid courses at WIWC must first become members. **Note:** Our Community Initiatives (no-cost) programs *do not require* a membership to register.

- **Validity:** Your membership is valid for 12 months from the date of purchase.
- **Fee:** Payable once a year at registration and is non-refundable.
- **Age:** Minimum 12 years old.
- **Volunteer Requirement:** 2 hours per year at the WIWC.
- **Rights:** Voting at Annual General Meeting and Special Meetings.
- **Obligations:** Abide by WIWC's policies, by-laws, and code of conduct.

IMPORTANT INFORMATION

- Children are not allowed in adult classes (except for nursing).
- It is not permitted to leave children unattended in the building.
- Free childcare service is available during the day, not evenings.
- Free parking available; please respect parking signs and avoid blocking driveways.
- No winter boots in gym/classrooms.
- Use of cellphones are not permitted during class.
- Gym equipment is to be cleaned after use.
- The Pointe-Claire location is not accessible with wheelchair or walker.

PHOTOGRAPHY POLICY

To respect the privacy and comfort of all participants, taking photographs or videos during classes or activities is not permitted without prior approval from the West Island Women's Centre.

REGISTRATION

Participants must register separately for each session (Fall, Winter, Spring).

- **Process:** Online via AMILIA, first-come, first-served. In-person registration available by appointment.
- **Fees:** Some courses may have additional consumable fees.
- **Childcare:** Register for childcare during course/program registration.
- **Attendance:** You must be registered in the class/program to attend, no guests are permitted.
- For in-person registrations, no more than two registrations will be accepted from each person.
- If identical classes are available, you must attend the class at the day/time you selected at registration.
- **Sibling Rebate:** A discount is applied automatically when registering two children for the same course.

Important notice: When you register, you are reserving a spot that someone else might need. We kindly ask that you commit to participating in courses/programs. If you are unable to attend, please inform the instructor or the Centre.

LATE REGISTRATION

Late registrations are accepted provided there is space in the requested courses/programs.

PAYMENT FOR COURSES

- **Methods:** Credit card, cheque, or cash.
- **Cheques:** Must have current date, payable to W.I.W.C., No foreign bank cheques.
- **Returned Cheques:** Fees deferred to member plus an administrative charge.

SUBSIDY PROGRAM

Women who are facing financial challenges can request fees be waived for **one course of their choice per session**.

- **Membership Fees:** May be nominal or waived based on financial circumstances.
- **How to Apply:** Provide documentation to WIWC office. For details contact our Bookkeeping and Administrative Coordinator admin@wiwc.ca or call 514-695-8529.

CHILDRENS COURSES

- Please ensure your child will turn the minimum age required for the course during the session. (Exceptions are noted in the course descriptions.)
- A grandparent or the father can accompany the child to the class, but the mother or legal guardian must be registered as a member.
- Only registered children may attend classes. Please do not bring a sibling to your child's class.
- If the child is registered for 'kids only class', parents/guardians are responsible for their child until the class begins.
- If you leave the Centre you must return 5 min before the class ends to pick up your child on time.
- If you are late, your child will be brought to childcare as we cannot leave children unattended. A late fee of \$5 per 5 minutes will apply for pickups more than 5 minutes after the class has ended.

CHILDCARE

Our free childcare service is available for members and community program participants. Weekday childcare is designed for children under age 6, and on weekends for children up to age 8. In addition, our After School Program is offered for children ages 5 to 10.

Children must be registered in advance, or occasional childcare fees (\$5) will apply.

Occasional Childcare Registration

Members and community program participants whose children are not regular users can benefit from the childcare service as an occasional user (e.g. on PED days).

Registration is required 24 hours in advance.

- **How to register:** Please email childcare@wiwc.ca and provide the class name and time, as well as your child's name and age. If spots are available, you will receive a link to pay the \$5 fee.
- **Waiver form:** Upon arrival you will be asked to fill out an occasional childcare

waiver form.

Important Information

- **Class Registration:** It is necessary to register for childcare for each class you attend.
- **Cancellations:** If you do not need childcare for any reason, please email childcare@wiwc.ca 24 hours in advance.
- **Arrival and Pickup:** Please arrive for childcare no more than 5-10 minutes before your class and pick up your child promptly after your class finishes.
- **Supplies:** Bring a disposable bag with items your child will need during childcare (diaper, wipes, change of clothes, bottle, snack, or pacifier). Please label everything.
- **Health:** Children with a fever, rash, runny nose, cough, or cold should not be brought to childcare.
- **Breastfeeding Mothers:** Please let the staff know if you prefer having your baby brought to your class for feeding or being notified to come and pick up your baby to feed in the lounge.
- **Allergies:** Childcare is peanut/nut-free. Nuts are not permitted.
- **Car Seats:** Please remove babies from their car seats before arrival.
- **EpiPen:** Members whose children carry an EpiPen are asked to complete a waiver form that allows the childcare manager and workers to administer the EpiPen if needed.
- For the safety and well-being of all children, parents are asked to drop off their children at the door and are not permitted inside the childcare room.

For more information, please email childcare@wiwc.ca.

PARTICIPANTS' RIGHTS AND RESPONSIBILITIES

WIWC participants have rights and responsibilities including:

- **Respect:** Everyone is entitled to be treated with respect.
- **Equal Enjoyment:** Everyone can benefit from WIWC's activities equally.
- **Supportive Environment:** Promote personal growth and mutual support.
- **Respect Property:** Care for WIWC's property and equipment.

REFUND POLICY

A refund request will only be considered upon the WIWC receiving a completed and duly signed [Refund Request Form](#) within the set delay. Verbal requests without a fully completed form, will not be considered

PROGRAM REFUND REQUESTS:

- Before the program begins: Participants are entitled to a full refund (100%).
- After the program begins: Participants will receive a prorated refund based on the number of classes that have already taken place and be charged a cancellation fee of a maximum of \$50 or 10% of the remaining balance, whichever is less.

We encourage participants to fill out the [Refund Request Form](#) as early as possible if they need to withdraw from a program.

WORKSHOP REFUND

- For a 1- or 2-day workshop, a signed [Refund Request Form](#) must be received prior to the start date of the workshop. Cancellation requests received on the date the workshop starts will not be eligible for a refund.

MEDICAL REFUNDS

If a participant provides valid medical documentation:

- WIWC will charge only for the classes that have already taken place.
- The 10% cancellation fee will be waived.

* Participants may also choose to have the refund amount issued as a credit on their WIWC account to be applied toward a future program or workshop.

VOLUNTEERING - WHAT YOU NEED TO KNOW

- **Childcare:** Free childcare during volunteer work within office hours. Please respect drop-off/pick-up times. Contact the childcare manager in advance to ensure space is available before bringing your child.
- **Confidentiality:** Volunteers will need to sign an agreement to maintain discretion with confidential information.

COMMUNITY INITIATIVES PROGRAM

The Centre offers free Community programs for women and their children to enjoy throughout the year (e.g. playgroups, language classes etc.). These programs do not require a paid membership to participate. To be fair to those participants on waiting lists, we would appreciate that you commit to attending each activity on a regular basis. If you do not think you can attend regularly, please leave the spot for someone else to register, so they can get the support they need.

Important notice: Participants failing to attend a Community Initiatives Program for 2 consecutive weeks and have not notified the coordinator in advance, will have their registration automatically forfeited.

It is the participants' responsibility to contact the Administrative Assistant by email (office@wiwc.ca) prior to or immediately after the absence, should they wish to maintain their registration. Upon review of the cause of the absence (illness, travel, unforeseen family emergency etc.), the Centre will decide to maintain or not the registered participant in the program.